

CWF WILD about Sports



» **THE CANADIAN WILDLIFE FEDERATION** team has grown with 22 fantastic summer interns. These young people are helping CWF promote conservation education across Canada. Let's hear what Mikaela Capeling and Maddie Lincoln-Gouett have been up to!

Recreation can be your gateway to conservation through the Canadian Wildlife Federation and friends."



» MIKAELA AT TRANSAT QUEBEC TO ST-MALO

Hi! I'm Mikaela Capeling, summer Intern Adventure Worker at the Canadian Wildlife Federation. For the past 10 days I've been at the Transat Quebec to St-Malo race village here in the old port of Quebec City. I've been working with the Gesteu Green Team promoting sustainable development and informing visitors about our environmental actions! As part of the CWF WILD About Sports program, the Transat Quebec-St Malo has been registered with CWF partner Sailors for the Sea as a Clean Regatta; the world's only sustainability certification for water-based events.



..... MADDIE FOR WILD ABOUT SPORTS AND MICROPLASTICS

My name is Maddie Gouett, and I am the Outdoor Conservation Educator Intern for CWF this summer. My background in environmental science and my experience in youth education has made this the perfect job for me. The role is very diverse, I have been able to get my hands into a variety of jobs and have worked with many great partner organizations.

One of my passions is getting out on the water. Stand-up paddleboarding is one of the world's fastest growing water sports. The Limestone Boat and Board Club of Kingston, Ontario has partnered with CWF to take advantage of this trend. Through the use of CWF's WILD About Sports, I have been able to educate youth and the community on conservation and local ecology as part of their Stand Up Paddle programming.



» MICROPLASTICS AND FRESHWATER HEALTH

Microplastics are pieces of plastic, less than five millimetres in size; when they enter our freshwater systems, they can do damage. Microplastics can be consumed by wildlife, bringing contaminants into the food chain. The Ricciardi Lab at McGill University has partnered with CWF to conduct research on microplastics that have been found in the St. Lawrence river. I feel very fortunate to have

witnessed and participated in some of their lab and field work first hand. Their work in assessing fish communities and microplastics could help bring light to the problem and in turn find a solution to save our freshwater systems. This combination of my educational role and conservation science research role have shown me first-hand how synergic we must be in order to conserve our planet and its wildlife, and how CWF is a leader in doing so.



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